



# Elemental Fitness Ltd.

## Price List

Unit 2, Bath Lane  
Bramley, Leeds  
LS13 3AT

0113 205 7433  
07944 986 986  
[www.elemental-fitness.com](http://www.elemental-fitness.com)  
[info@elemental-fitness.com](mailto:info@elemental-fitness.com)

### PERSONAL TRAINING

#### Individual

Standard 1:1 Training	£36.50
Block 5 1:1 Training (5% off)	£174.00
Block 10 1:1 Training (10% off)	£328.00
Block 20 1:1 Training (20% off)	£584.00

#### Joint

Standard 1:2 Training	£42.00
Block 5 1:2 Training (5% off)	£200.00
Block 10 1:2 Training (10% off)	£378.00
Block 20 1:2 Training (20% off)	£672.00

#### Monthly

Standard 1:1 Training 1pw (5% off)	£150.00
Standard 1:1 Training 2pw (10% off)	£284.00
Standard 1:1 Training 3pw (15% off)	£404.00
Standard 1:1 Training 4pw (20% off)	£506.00

Standard 1:2 Training 1pw (5% off)	£86.50pp
Standard 1:2 Training 2pw (10% off)	£163.50pp
Standard 1:2 Training 3pw (15% off)	£232.00pp
Standard 1:2 Training 4pw (20% off)	£291.00pp

### REMOTE PERSONAL TRAINING (VIA APP)

Remote Personal Training	£12.00 Per Hour
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### REMOTE PERSONAL TRAINING (FACE TO FACE)

Remote Personal Training	£50.00 Per Hour + £1.00 per mile (beyond 5 miles)
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### ONLINE TRAINING

Unlimited Access	£8.99 Per Month
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### CORPORATE, SCHOOLS & GROUP TRAINING

Corporate, school and group training can be arranged from one offs to longer term months arrangements from £50.00+VAT per hour

### FREE GYM ACCESS FOR 30 MINUTES AFTER EVERY SESSION

### PAYG GYM ACCESS £4.50 PER HOUR | UNLIMITED GYM ACCESS £32.00PCM

### THE SMALL PRINT

When you have selected the payment option that works best for you, please sign and date the sign up form and return this to your coach. Once handed in please scan the GoCardless QR code in the facility and input your bank account details to authorise your direct debit mandate with the club. For any lessons you attend before your membership, you can purchase this directly through our app.

Your direct debit is arranged to pay for the following month, for example a payment on the 28th April will cover you from 1st May until the 30th May. With this method of payment you are securing your membership for the next calendar month. If you have to change your direct debit or leave the club please email [info@elemental-fitness.com](mailto:info@elemental-fitness.com) providing at least 28 days notice. Full t&c's can be found in the back of your welcome pack and our website here - { <https://www.elemental-fitness.com/uploads/documents/Elemental-Fitness-Ltd-Terms-Conditions-2025-2.pdf>}. If you have any questions or problems paying your club membership please contact the club at least 14 days prior to the scheduled payment date.

For more information or to make an enquiry please contact Elemental Fitness on 0113 205 7433 or email [info@elemental-fitness.com](mailto:info@elemental-fitness.com)

All prices correct as of March 2026

\*T&Cs apply