



Elemental Fitness Ltd.

Price List

Unit 2, Bath Lane
Bramley, Leeds
LS13 3AT

0113 205 7433
07944 986 986
www.elemental-fitness.com
info@elemental-fitness.com

PERSONAL TRAINING

Individual

Standard 1:1 Training	£32.00
Standard 1:2 Training	£37.00
Standard 1:3 Training	£42.00
Standard 1:4 Training	£47.00
Block 5 1:1 Training	£152.00
Block 10 1:1 Training	£288.00
Block 20 1:1 Training	£512.00
Block 5 1:2 Training	£175.75
Block 10 1:2 Training	£333.00
Block 20 1:2 Training	£592.00

Monthly

Standard 1:1 Training 1pw	£132.00
Standard 1:1 Training 2pw	£249.00
Standard 1:1 Training 3pw	£353.00
Standard 1:1 Training 4pw	£443.00
Standard 1:2 Training 1pw	£76.00pp
Standard 1:2 Training 2pw	£144.00pp
Standard 1:2 Training 3pw	£204.00pp
Standard 1:2 Training 4pw	£257.00pp

BOOT CAMPS

Individual

Groom & Bridal 1:1 2 weeks 5pw	£288.00
Groom & Bridal 1:2 2 weeks 5pw	£333.00
Standard 1:1 4 weeks 3pw	£384.00
Standard 1:2 4 weeks 3pw	£400.00
Deluxe 1:1 4 weeks 4pw	£460.00
Deluxe 1:2 4 weeks 4pw	£532.00
Ultimate 1:1 6 weeks 4pw	£614.00
Ultimate 1:2 6 weeks 4pw	£710.00

Monthly

Groom & Bridal 1:1 2 weeks 5pw	£50.00	£84.00(3)
Groom & Bridal 1:2 2 weeks 5pw	£50.00pp	£44.00pp(3)
Standard 1:1 4 weeks 3pw	£50.00	£116.00(3)
Standard 1:2 4 weeks 3pw	£50.00pp	£55.00pp(3)
Delux 1:1 4 weeks 4pw	£75.00	£133.00(3)
Delux 1:2 4 weeks 4pw	£75.00pp	£69.00pp(3)
Ultimate 1:1 6 weeks 4pw	£100.00	£176.00(3)
Ultimate 1:2 6 weeks 4pw	£100.00pp	£90.00pp(3)
Ultimate 1:2 6 weeks 4pw	£100.00pp	£47.50pp(6)

Deposit

PCM

CORPORATE, SCHOOLS & GROUP TRAINING

Corporate, school and group training can be arranged from one offs to longer term months arrangements

FLEXIBLE TERMS. SPEAK TO AN INSTRUCTOR FOR A TAILORED PLAN.

ADD GYM ACCESS TO ANY MONTHLY PACKAGE FROM £23.70PER MONTH

REMOTE PERSONAL TRAINING NOW AVAILABLE!

For more information or to make an enquiry please contact Elemental Fitness on 0113 205 7433, 07944 986 986 or email info@elemental-fitness.com

WE LOOK FORWARDS TO MEETING YOU SOON

All prices correct as of January 2023

*T&Cs apply